

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Enhanced Standards

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Spiced Vegetable and Quorn Pattie	Chicken Arrabiata Pasta with Homemade Garlic Bread	Roast (as advertised) and Gravy	Jacket potato with tuna, cheese or beans.	MSC Fishfingers/ Salmon Fish fingers
	Vegetarian	Quorn Sausage in a Hot Dog Roll with Potato Wedges	Macaroni Cheese with Homemade Garlic Bread	Mixed Vegetable Loaf and Gravy	Five Bean Chilli with 50/ 50 Rice	Spicy Bean Burger
		Sweetcorn Coleslaw Jacket Wedges or	Green Beans Carrots	Cauliflower Broccoli Roast Potato or Mashed Potato	Roasted Mixed Vegetables	Baked Beans Peas Chips or Couscous
	Dessert	Orange Drizzle Cake	Carrot and Courgette Cake	Apple Cheese & Biscuits	Fruit Crumble with Custard	Fruit and Yoghurt
Week 2	Main	Roast Vegetable Pizza	50% Plant Based Cottage Pie with Gravy	Roast (as advertised) and Gravy	Chicken Tagine	MSC Breaded Fish
	Vegetarian	Wholemeal Cheese and Tomato Pizza Peppers Green Beans New Potatoes or Couscous	Shepherdess Pie with Gravy Peas Cauliflower	Vegetarian Wellington and Gravy Cabbage Carrots Mashed Potato or Roast Potato	Lentil and Sweet Potato Curry Sweetcorn Baked Tomatoes Couscous or 50/50 Rice	Red Pepper and Cheese Frittata Baked Beans Peas Chips or New Potatoes
	Dessert	Wholemeal Pear Crumble with Custard	Chocolate Shortbread	Apple Cheese & Biscuits	Eves Pudding with Custard	Fruit and Yoghurt
Week 3	Main	Quorn and vegetable stir Fry	Tomato soup and filled baguette	Roast Chicken and Stuffing and Gravy	Beef Lasagne with Garlic Bread	MSC Fish in Batter
	Vegetarian	Soya Bolognese with Spaghetti Peas Carrots	Chickpea and Vegetable Hotpot Sweetcorn Broccoli	Quorn Roast Fresh Mixed Seasonal Vegetables Roast Potato or Couscous	Wholemeal Vegetable Pasta Bake Roasted Vegetables Green Beans	Vegetable and Bean Fajitas Baked Beans Peas Chips or Rice
	Dessert	Banana Loaf	Rice Pudding with Mixed Berries	Apple, Cheese and Biscuits	Chocolate and Mandarin Sponge Served with Vanilla Sauce	Fruit and Yoghurt