

January 2019

Dear parent/carer,

NSPCC Visit

I'm pleased to tell you that we will be working with the NSPCC, the UK's leading children's charity, who'll be delivering their *Speak out. Stay safe* programme on **Monday 21 January**.

This is a nationwide programme for every primary school aged child in the UK to help make sure our children have the knowledge and understanding they need to stay safe from abuse.

With the help of their friendly mascot Buddy, they'll be presenting an assembly to the children as well as a workshop for Years 5 and 6.

What is the *Speak out Stay safe* programme?

Through child-friendly, interactive assemblies and workshops the NSPCC specially trained staff and volunteers will give our children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and sexual abuse, without using scary words or adult language.

We have studied the content of the materials and heard from other schools who have participated and are extremely confident that they are appropriate for primary school aged children. By the end of their visit, we're convinced children will feel empowered - knowing how they can speak out and stay safe.

Talking about the Underwear Rule with your children

The NSPCC's work in schools will help encourage conversations about staying safe -and they have a number of child-friendly materials to help you carry on the conversation afterwards. That includes 'The Underwear Rule', a simple way for parents to help keep children safe from sexual abuse - without using scary words or even mentioning sex.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at www.nspcc.org.uk/pants

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website nspcc.org.uk/preventing-abuse/keeping-children-safe/



Best wishes,

Kate Flood