Thursday 2nd February 2023

WHOLE SCHOOL NEWSLETTER - SPRING 5

In assembly this week, we talked about…

… gender equality and anti-bullying. The children had a Big School Meeting and worked on creating their own children's anti-bullying policy.

Tomorrow Friday 3rd February

9am - **Shed Talk** - *Using **Zones of Regulation** to help your child learn to regulate their emotions*

Year 3 host the Snack Sale

Next Week 6th-10th February

Year 5 enters the second week of swimming lessons at Kentish Town pool

Monday 6th Feb
8am - Year 5 & 6 Dodgeball & Gym Club
3:30pm - Junior Football Development

Tuesday 7th Feb
8am - Year 3 & 4 Dodgeball & Gym Club
Reception visit Kentish Town City Farm
3:30pm - Year 3 and 4 Football Squad training. Squad confirmed tomorrow.

Wednesday 8th Feb
Year 1 have a trip to the Science Museum
Year 4 workshop with The Place in school
The Camden Primary Maths Challenge! We field a team of four Year 6s against teams from across Camden. The event is run by us and held in our school hall!

Thursday 9th Feb
8am - Year 1 & 2 Dodgeball & Gym Club
9am CBC planning meeting in the Shed. Come along to get involved. Everyone welcome!

Friday 10th Feb
8am - Junior Girls' Multisports
9am - Shed Talk - EP Wellbeing Curriculum - Sally Hill and Lacey Cousins. Everyone welcome
3:30pm - Junior Gym Squad

Children's Mental Health Week

The theme for next week's mental health week is 'Let's Connect' and we will focus on how we can make meaningful connections. People thrive in communities, and this connection is vital for our wellbeing. When we have healthy connections – to family, friends and others – this can support our mental health and our sense of wellbeing. We will be running assemblies and class discussions to focus on this next week.

Safer Internet Day - Tuesday 7th February

Online safety is embedded in the curriculum across the year, but we will mark Safer Internet Day in assembly. The theme this year is 'Want to talk about it? Making space for conversations about life online'. Talking regularly with children is the best way to help keep them safe online. Making it part of a relaxed daily conversation, as you would about a day at school, means that when they do have any worries, they're more likely to come and speak about it. Throughout next week class teachers will be reviewing the key features of staying safe on the internet and taking time to chat and listen to the children about being online.

Lots of resources can be found at https://saferinternet.org.uk/

In combination with talking, good use of parental controls helps keep children safe and can also be a great help in managing screen time. This website is a useful step-by-step guide to setting up parental controls on all sorts of devices. https://www.internetmatters.org/parental-controls/

Prorevo Half Term Camp -Monday 13th-Friday 14th

Coach Martin and Steve host their Prorevo sports camp here at EP in half term. Open to children aged 5-12 years. Activities include football, dodgeball, gymnastics, basketball, cricket, tennis, dance, hockey, parachute games and many more.

Booking through https://www.prorevo.co.uk/product/february-half-term-multi-sports-camp

Direct all camp queries to prorevolution.development@gmail.com

Parent Led Basketball for Junior Girls

Parents Lisa and Leila are looking to bring back early morning basketball on Wednesdays after half term. This is a drop in session, no need to sign up and all abilities welcomed. If you would like to join the coaching team (again, all-comers welcomed), please let the school office know. With a group of coaches on a rota, the commitment isn't too onerous.

Thank you

To Rawan in Year 3 for this week's border design.

With best wishes,

Sally Hill and Natalie Stevenson.