

Thursday 6th October 2022

**AUTUMN 2022 - WHOLE SCHOOL NEWSLETTER 5**

*Our autumn assembly theme is 'what kind of person can I be?'*

**Ask your child about...**

*... Black History Month and the whole school story that we listened to about race and the stories that we tell about ourselves and our identities.*

**Tomorrow - Friday 7th October**

2:30pm - Parents from Years 4, 5 and 6, please come and meet **Kateryna Law, the headteacher from Camden School for Girls** to find out more about the school and all it has to offer for your daughter. This session will be run in the Shed

Year 4 host the Snack Sale after school

**.NEXT WEEK - 10TH - 14TH OCTOBER**

**Monday 10th**

8am - Year 5 and 6 Dodgeball and Basketball Club  
9am - Year 5 leave for their residential trip to **Sayers Croft**  
3:30-4:30pm - Years 1 and 2 Development Football Club

**Tuesday 11th**

8am - Year 1 and 2 Dodgeball and Tag Club  
Indian cookery workshop in Year 2  
3:30-4:30 - Football Squad training

**Wednesday 12th**

Year 6 cross country training on the Heath  
Indian cookery workshop in Year 2

**Thursday 13th**

8am - Years 3 and 4 Dodgeball and Cricket Club  
9am - Year 1 Trip to Hampstead Heath

**Friday 14th**

8am - Girls' Club for Juniors  
9-10am - **Shed Talk - Screen Time and Social Media - Deborah Kaiser**  
10am to 1pm - Year 4 dance workshop at The Place  
Year 5 return back from Sayers Croft - between 3-4pm - we will text ETA.  
3:15 Year 3 host the Snack Sale  
3:30-4:30 - Junior Development Football



## NEWS IN BRIEF AND REMINDERS!

### Invitation to Lunch! - Next Thursday 13th October at 1.30pm

We know from the annual parent questionnaire that the food your children eat at school is very important to you. Caterlink are our caterers and we have a fantastic chef Taf on site, who, along with his team, prepare fresh lunches daily, always accompanied by a salad bar. The majority of our children opt for school lunches, and their popularity extends to staff, most of us eat school lunches too!

Taf has organised a **taster session for parents and carers next week** so that you can also enjoy his food. **Do come along at 1.30pm next Thursday** to the hall to try a meat and/or a vegetarian dish - bring your appetites! No need to book, please just turn up.

### Yoga Movement, Breath & Stretch - 6:30pm on Monday evenings

From next Monday 10th October, we have **adult yoga classes** starting in the school hall. These sessions will be run by Mary from Violet Yoga and cost £12. Taking an active and passive approach to yoga movement, combining traditional yoga and breath. If you are interested in attending please send an email to Mary at [info@violetlotusyoga](mailto:info@violetlotusyoga) Payment can be made by card on the night.

### Shed Talks

We will soon share more details of our planned programme of Shed Talks. These are drop-in advice and support sessions for parents and carers across a range of educational, social and emotional areas. The first session is **9am next Friday 14<sup>th</sup>** and led by Deborah Kaiser, Camden's Mental Health and Wellbeing Consultant. She will be talking about **screen time and social media**, advising us on how to talk to children about usage, and tips on managing screen time. These sessions always have great feedback, with plenty of useful suggestions and a chance to talk to other parents. No need to book and everyone welcome.

Deborah will be back at EP on Friday 11<sup>th</sup> November to talk about supporting children with anxiety and stress.

### Coach Martin's Half -Term Sports Camp

Coach Martin and Coach Steve will run their multi-sports camp here at EP on Monday 24 October - Friday 28. Age 5-11 (Reception to Year 6). To find out more or to book your child's place, please email: [prorevolution.development@gmail.com](mailto:prorevolution.development@gmail.com)

### Parent and Carer Progress Meetings

Thank you to those of you who attended last night's Progress Meetings, we have our second evening of meetings tonight. These are so important as they give us a chance to let you know how the year has started, and for you to feed back to us and to agree on priorities for progress. If you were unable to meet with your child's class teacher, please do contact the office so that we can rearrange your appointment.

### Thank you

To Amrita in Year 1 for this week's border design.

With best wishes,

Sally Hill and Natalie Stevenson