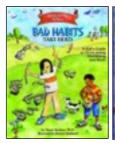


## Tanya Byron

Eleanor Palmer Primary School 3rd February 2016 www.professortanyabyron.com

## **Recommended Reading List**

What to Do When...
Series of books for younger kids by Dawn Huebner





Overcoming Your Child's Fears and Worries Book by Cathy Creswell and Lucy Willets



Overcoming: An Introduction to Coping with...
 Overcoming is a booklet series in paperback for older kids and adults. They are each about 30 pages long.









■ The Skeleton Cupboard by Tanya Byron



- For further reading material please visit
- <u>www.youngminds.org.uk</u>, where they have some very useful publications listed.