cate		Summer Menu 2021					Added Plant Power
	imagination	Monday	Tuesday	Wednesday	Thursday	Friday	→ Vegan
WEEK ONE	Option 1	Macaroni Cheese	Chicken Sausage, Mashed Potatoes and Gravy	Roast Chicken with Stuffing & Gravy served with Roast Potatoes Or Plain Pasta	Chicken Tikka Curry with 50/50 Rice	Fishfingers/Salmon Fishfingers with Oven Baked Chips Or Couscous	Wholemeal Available Daily:
	Option 2	Vegetable & Red Kidney Bean Pasta Bake	Vegetarian Sausages, Mashed Potato and Gravy	Vegetable Wellington with Stuffing & Gravy served with Roast Potatoes Or Plain Pasta	Chickpea Curry with 50/50 Rice	Spanish Omlette with Chips Or Couscous	freshly cooked jacket polaloes with a choice of fillings
	Vegetables	Sweetcorn Peppers	Cauliflower Florets Cabbage	Swede and Carrot Mash Green Beans	Broccoli Carrots	Baked Beans Mushy Peas Baked Tomato	Fresh Wholemeal and other flavoured Bread baked on site daily
	Dessert	Yoghurt & Fresh Fruit	Pear & Raisin Upside down Cake	Yoghurt & Fresh Fruit	Peach Crumble & Custard	Yoghurt & Fresh Fruit	fresh salad selection
		Or a choice of Yoghurt & Fresh Fruit available daily					
WEEK TWO	Option 1	Quorn & Vegetable Pasta	Mexican Beef Chilli with 50/50 Rice	Roast Chicken with Gravy served with Roast Potatoes Or Plain Pasta	Soup of the Day With filled baguette	Fish in Batter with Chips Or Sweet Potato Mash	ALLERGY INFORMATION: If your child has
	Option 2	Vegetable Pasta Bake	5 Bean Chilli with 50/50 Rice	Chickpea & Vegetable Loaf with Gravy served with Roast Potatoes Or Plain Pasta	Soup of the Day With filled baguette	Cheese & Tomato Quiche with Chips Or Sweet Potato Mash	an allergy or intolerance please ask a member of the catering team for
	Vegetables	Sweetcorn Broccoli	Green Beans Carrots	Cauliflower Florets Red Cabbage	Selection of Salads	Baked Beans Peas	information. If your child has a school lunch and
	Dessert	Yoghurt & Fresh Fruit	Black Berry & Apple Cobbler with Vanilla Sauce	Yoghurt & Fresh Fruit	Peach Upside Down Cake	Yoghurt & Fresh Fruit	has a food allergy or intolerance you will be asked to complete a form
		Or a choice of Yoghurt & Fresh Fruit available daily					to ensure we have the
WEEK THREE	Option 1	Mixed Vegetable Wholemeal Pizza	Jacket Potato Day With Toppings	Roast (as advertised), with Gravy served with Roast Potatoes Or Plain Pasta	Beef Bolognaise with Wholemeal Spaghetti	Fishfingers with Chips Or Steamed New Potato	necessary information to cater for your child. We use a
	Option 2	Cheese & Tomato Wholemeal Pizza	Jacket Potato Day With Toppings	Bean & Lentil Burger with Gravy served with Roast Potatoes Or Plain Pasta	Soya & Vegetable Bolognaise with Wholemeal Spaghetti	Mixed Pepper Frittata with Chips Or Steamed New Potato	large variety of ingredients in the preparation of our meals and due to
	Vegetables	Coleslaw Mixed Salad	Selection of Salads	Green Beans Cauliflower	Spinach Carrots	Baked Beans Peas	the nature of our kitchens it is not possible to
	Dessert	Yoghurt & Fresh Fruit	Banana Sponge and Custard	Fresh Fruit or Yoghurt	Pear & Strawberry Crumble with Vanilla Sauce	Yoghurt & Fresh Fruit	completely remove the risk of cross contamination.
		Or a choice of Yoghurt & Fresh Fruit available daily					